

## AFHC Awards for Healthy Cities 2008, Awardees

25 October 2008



### Awards for Creative Developments in Healthy Cities

There are many creative developments and good practices by Healthy Cities worldwide and this award recognizes creative developments in Healthy Cities arising from diverse socio-cultural, environments and development backgrounds.

The following points were evaluated for selection of awardees.

- (1) If the work addresses specific needs of the city/community based on the analysis of city health profiles. [Relevance to the city's needs]
- (2) If the work is a new and original effort. (not a replication of another's work.) [Originality and innovation]
- (3) If the work could be a useful model for other cities and organizations to replicate or to learn from that. [Influence to other cities]
- (4) If the report provides facts and figures that shows improvement in the health and quality of life of the people in the city. [Support by evidence]

<i>Awardees</i>	<i>Description</i>
Zhangjiagang City, China	Let the Youth Live in the Sunshine
Yeongdeungpo-Gu, Seoul, Republic of Korea	Bicycle Parking Towers: a Phrase of Hope for Carbon Saving
Universiti Sains Malaysia: Healthy Campus Programme	The White Coffin – Student activism for sustainability
Phnom Penh, Cambodia	Setting Up a Health-Care Waste Management System
Parañaque City, Philippines	Adolescent Friendly Reproductive Health Services (AFRHS)
Owariasahi City, Japan	The merits of the “Asapy” City Bus System
Logan City, Australia	Eat Play Live Well Logan (EPLWL)
Kwai Tsing Safe Community & Healthy City Association, Hong Kong SAR, China	Diabetes Retinopathy Screening – a collaborative project to reduce blindness due to diabetes in the community

Ichikawa City, Japan	Our Citizens Can Direct 1% of Their Taxes to NGOs
Dongjak-Gu, Seoul, Republic of Korea	Active Aging in Dongjak
Changwon City, Republic of Korea	Health Promotion for Foreign Workers

### **Awards for Progress in Healthy Cities**

The “Healthy Cities Program’ (HCP) is based on the philosophy that:

1. Enhancement of health comes through improvements in certain social, cultural and economic conditions and through changes in human attitudes
2. Initiatives improve personal and environmental health
3. Health is an integral part of development in the community

The Ottawa Charter for Health provided the strategic framework defining health promotion as “the process of enabling people to take control over, and to improve their health”. Therefore a Healthy City is not necessarily the one that has achieved a particular level of health but is conscious of health and is striving to *improve* it. HCP and healthy setting literature states that when such long term development projects are evaluated during the first few years, the focus should be on process rather than outcomes because improvement in health status is only likely to change in the longer term.

Key features of a Healthy City should include: high political commitment and mobilisation, effective and strong leadership, intersectoral collaboration and involvement of key stakeholders, community participation, increasing awareness of health issues, capacity building, integration of activities in elementary settings, development of a city health profile and a local action plan, incorporation of views from all groups within the community, mechanism for sustainability, creation of network locally and overseas, information sharing, monitoring and evaluation, and research.

### **Awards for Healthy Cities with Great Potential**

Changwon City, Republic of Korea

Luohu District, China

### **Award for Healthy Cities with Good Dynamics**

Geumsan County, Republic of Korea

Ichikawa City, Japan

Jinju City, Republic of Korea

Owariasahi City, Japan

Parañaque City, Philippines

Wonju City, Republic of Korea

### **Award for Healthy Cities with Strong Action**

Sai Kung District, Hong Kong SAR, China

### Award for Pioneers in Healthy Cities

Healthy Cities continuously need pioneering spirits and efforts to make things happen in the real world. This award recognizes individuals/groups that have more than 10 years experience directly related to the Healthy Cities Program and have contributed to international developments of Healthy Cities. This award recognizes the following areas of pioneering work: (1) Research, (2) National, regional and international networking, (3) Political advocacy, (4) Capacity building, (5) Community-based activities, (6) Media advocacy and journalism, (7) Legislation and institutions, (8) Mentoring, (9) Arts, (10) Cooperate social responsibility in the business sector, and (11) Other areas

<i>Awardees</i>	<i>Description</i>
<p>Hon. Mayor. Lourdes C. Fernando, Marikina City, Philippines</p>	<p><b>Pioneering work in political advocacy; national, regional and international networking; legislation and institutions, capacity building, community-based activities, and mentoring.</b> Hon. Fernando is a strong political advocate for Healthy Cities and has made commitments to pass ordinances and resolutions to support a Healthy Cities program to create technical working groups, and to implement all the programs and projects since 1997 in Marikina City. Mayor Fernando has continuously committed to national and international advocacy for Healthy Cities and international technical projects in support of Healthy Cities.</p>
<p>Mr. George NG, Sai Kung District Council, Hong Kong SAR, China</p>	<p><b>Pioneering work in sub-regional and international networking; capacity building, and community-based activities.</b> Mr. NG has committed to the development of collaboration between the Sai Kung District Council, Hong Kong SAR and the first NGO initiative for a Healthy City in Hong Kong SAR. Mr. NG, as the Chairman of the District Council, has cascaded the effect to many other districts in Hong Kong and has taken the lead to establish the Hong Kong Chapter and also built up strong international links.</p>

###