

## Centre for Environment and Population Health presents

*A 6-day (2 x 3 days) course on  
Health-Promoting Settings:  
Concepts, methodology, and practices*

*At Griffith University, Brisbane, Australia  
2<sup>nd</sup> - 9<sup>th</sup> December 2009*

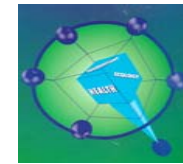


Critical environment and population health challenges have increasingly broadened the conception of health promotion theories and practices and have led to a recognition that an ecological settings-based partnership approach is an important pathway to a sustainable future. Since the mid-1980s, with the support and leadership from WHO, the health-promoting settings (HPS) approach has become widely adopted by many countries in their health promotion programs. Successful HPS examples integrate health promotion and risk management into planning and governance of settings: cities, communities, schools, workplaces, markets, and hospitals. They have demonstrated multiple benefits and confirmed its significance as an effective means to set a global trend in integrating environment, quality of life, health, humanity and the pursuit of sustainability. In practice, however, there have been uneven results from HPS projects worldwide which highlights the training and support needs for methodology and effective strategies of HPS.

**You should attend this course** if you are interested in finding out more about the health-promoting settings approach, understanding its application in a range of settings and developing knowledge and skills in key areas relating to needs assessment, program planning and evaluation in the health-promoting setting context.

The course is delivered in 2 modules – you can participate in either module or both, depending on your training needs.

# Presented by a team of world recognised experts in the health-promoting settings field including:



## **Prof Cordia Chu**

Director, Centre for Environment and Population Health, Griffith University

**Expert in** Ecological public health, health-promoting settings methodology, and Health promoting workplaces



## **Dr Peter Davey**

Deputy-Director, Centre for Environment and Population Health, Griffith University

Secretariat Australian Chapter (AC) of the Alliance for Healthy Cities (AFHC)

**Expert in Healthy Cities Approaches and Public Health Planning**



## **Prof Karl Kuhn**

Chief Scientist in the Federal Institute for Occupational Safety and Health, Dortmund (Germany), Studies of Social Sciences at the Universities of Tübingen, Lund (Sweden), Stockholm Chairman of the

European Network for Workplace Health Promotion;

**Expert in Workplace Health and Safety Promotion**



## **Prof Albert Lee**

Director, Centre for Health Promotion and Health Education, The Chinese University of Hong Kong, Chair of Award Committee of Alliance for Healthy Cities

**Expert in** Health promoting Schools and new perspectives of Healthy Cities and Health Promotion in Primary Care



## **Prof Jurgen Pelikan**

Director, WHO-CC for Health Promotion in Hospitals and Health Care, Ludwig Boltzmann Institute for Health Promotion Research, Vienna & University of Vienna, Austria

**Expert in** Health Promoting Hospitals and Health Care, Quality & sustainable development in hospitals

## Program outline

A mixture of lectures, case studies, workshop discussions and field visits will be used to facilitate participant learning throughout the course. The course is structured into two modules:

### **Module A:** 2-4<sup>th</sup> December

Introduction to the health promoting settings approach including: needs assessment methodologies, program planning, evaluation frameworks and indicators of success

### **Module B:** 7-9<sup>th</sup> December:

Health promoting settings: using examples and experiences of Healthy Cities/ Communities, Schools, Workplaces and Hospitals to demonstrate how different health promoting settings improve not only health of populations but lead to sustainable development from physical and psycho-social perspectives. The concept of the Health Promoting Setting as an ecological model for health promotion will be analysed and discussed.

There will be detailed discussion on development and measurement of success specific to different settings.

**A detailed course outline and content will be sent to interested participants.**

# A short course on: Health-Promoting Settings: concepts, methodology, and practices

Please indicate your interest in:

- Module A ( Dec 2-4<sup>th</sup> ) Introduction to health promoting settings approach, needs assessment methods, program planning and evaluation 3 days A\$700
- Module B (Dec 7-9<sup>th</sup> ) Concepts and discussion of specific setting examples: Healthy settings: schools, hospitals, workplaces, cities 3 days A\$700
- On-Campus or hotel accommodation during the short-course

Name: \_\_\_\_\_ . email: \_\_\_\_\_

Position and Organisation: \_\_\_\_\_

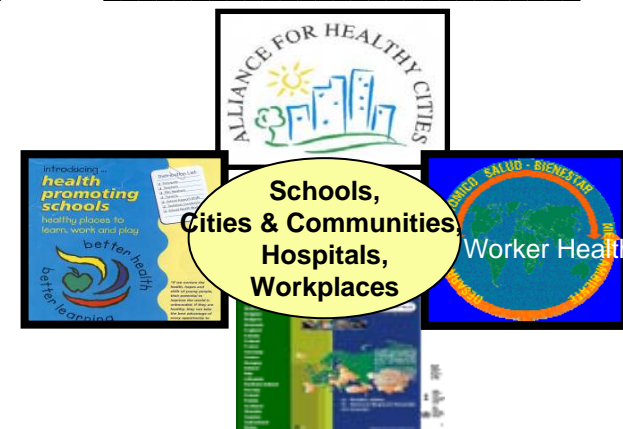
Postal Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Mobile: \_\_\_\_\_

To register your interest in attending this short course or to find out more information please contact via email, fax or phone:

**Ms Yan Wang, Centre for Environment and Population Health,  
Griffith University**

[Yan.Wang@griffith.edu.au](mailto:Yan.Wang@griffith.edu.au), phone 61 7 3735 6403, fax +617 3735 5318







## **ABOUT BRISBANE— the fastest growing capital city in Australia**

Bright blue skies, warm sunshine, the vibrant colours of the sub tropics, the rhythm of a dynamic young city. Brisbane, capital of Queensland, Australia's 'Sunshine State', greets visitors with a warm and friendly welcome.

Brisbane is Australia's only sub tropical capital city. Sophisticated yet friendly, Brisbane is a year round city that enjoys warm, bright summers and clear mild winters. The hub of Australia's favourite holiday region, Brisbane is the perfect place to relax and enjoy the best of Australia. Over 1.6 million people call greater Brisbane home. More than 5 million people visit Brisbane every year, ranking the city Australia's third highest in terms of domestic visitors alone. Brisbane is also known as Australia's most liveable city...and for good reason.

### **Key Attractions**

➤ South Bank Parklands [www.south-bank.net.au](http://www.south-bank.net.au) is Brisbane's oasis in the city. The 17-hectare parklands feature a one-kilometre stretch of recreational, dining and relaxation areas including Australia's only man-made inland city beach. Enjoy the beautiful Brisbane River on board a fast CityCat ferry and feel the excitement of the city's nightclubs and Treasury Casino.

➤ Panoramic views of the city from its highest point, Mount Coot-tha, are stunning by day and especially at night. The lookout is a 15-minute drive from the city. The City Nights Tour takes in Mt Coot-tha and tours are also available for daytime viewing.

➤ Brisbane's Lone Pine Koala Sanctuary [www.koala.net](http://www.koala.net) is the largest and oldest koala colony in the world. Mirimar River Cruises to the sanctuary depart daily from North Quay.

➤ A walking tour of the CBD and inner suburbs is a great way to see Brisbane's icons. One not to miss is the Conrad Treasury Casino in George Street, a beautifully restored heritage building which was once the centre of Queensland government.

