

Activities of the Alliance for Healthy Cities (AFHC) Japan Chapter (August 2011-March 2012)

1. 7th General Assembly and Conference of the AFHC Japan Chapter (August 2-3, 2011)

(1) The General Assembly of the AFHC Japan Chapter

The 7th AFHC Japan Chapter was held in the Excel Room on 6th floor in the Nagoya City Design Center Building. There were about 60 participants from 15 membership local governments and 2 cooperating organizations to report their last year's business, activities, and settlements of accounts. There, they also discussed and authorized this year's business plans and settlements of budgets. In this Assembly, Masanori Furukawa, the mayor of Tajimi city in Gifu prefecture, was elected as the AFHC new president in the place of Eisuke Harada, the mayor of Fukuroi city in Shizuoka prefecture.

<Below left>Picture of AFHC new president, Furukawa giving a speech

<Below right>Picture of AFHC chief of secretariat, Nakamura giving a speech



(2) The Conference of the AFHC Japan Chapter

① Along with the Assembly, the 7th Conference of the AFHC Japan Chapter was held in Design Hall of the same building, which was filled with about 450 participants from 23 cities and 2 cooperating organizations. Aiming at the realization of healthy cities, they presented their health promotion activities, exchanged information with other organizations, and learned through the lectures.



<Above left> Picture of ceremony



<Above right> Presentation for Health Promotion Project

In the memorial ceremony, the Mayor of Tajimi city in Gifu prefecture, Masanori Furukawa, who is also the president of the AFHC Japan Chapter, delivered a speech followed by messages from guests. Later, “Nagoya Omotenashi-Busho-Tai (who wear like a Japanese old style military) performed a dance to start the program with. The ceremony was lightened up and energized by the performance.

Each city reported on some health promotion activities undergone in their respective cities. Entitled with “Project in Healthy city Tajimi,” the activities of Tajimi health supporting managers were presented, while Nagoya city reported its project. In Nagoya city, lectures were collaborated with nearby college and provided to citizens in order to improve healthy-life-style based on scientific evidence.

In the “Health Promotion Lecture,” the third head of Nishikawa style of Japanese Classical Dancer, Mr. Ukon Nishikawa entitled his lecture as “Asking for Health in Japanese Tradition,” and performed an exercise named NOSS based on Japanese traditional dance. Then, Yukihsa Kato, the Liberal Arts Education Professor of a Department of Science and Technology in Post Graduate Research Center in Meijyo University, gave a lecture entitled “Health Promotion from the Aspect of Brain Science.” Audience enjoyed those two professionals’ discussion afterwards their lectures.

At “Oasis 21,” another event for citizens to participate was simultaneously set off, which was named “Waku-Waku Health Experiencing Carnival in Oasis 21.” This event provided opportunities to enjoy health making to a lot of citizens as well as the conference participants.

<Below left>Picture of Conference

<Below right>Picture of event for citizens



②On the second day of the Conference, participants were divided into two groups and each of them went on a tour of inspection respectively. One course was for administrative officers to visit “Quality life 21 Jyohoku” West Medical Center and Proton Beam Cancer Therapy Facility, while the other for citizen organizations to visit senior health class in “Japan Gaishi Hall”. On their visit of Japan Gaishi Hall, about hundred from citizen organizations joined senior health class activity using a soccer ball, which was instructed by a coach of Nagoya Grampus. They enjoyed both exercising and communicating with other participants.

<Below>Pictures of Senior Health Class



2. The Main Efforts of the AFHC Japan Chapter

(1) Efforts of the Membership Committee

<Head City of the working committee> Owariasahi city in Aichi prefecture

In order to promote membership for the AFHC and the AFHC Japan Chapter, information on the activities of the Alliance was provided to the cities in Japan and also membership was encouraged.

Time	Activities
May 2011	Information and advice about AFHC were provided to Hamamatsu city in Shizuoka prefecture
September 2011	Information and advice about AFHC were provided to Fujieda city in Shizuoka prefecture
November 2011	Presentation about AFHC was given in Japan Academy for Municipal Personnel (JAMP) located in Chiba prefecture. Documents about AFHC were provided to 76 academy participants (33 prefectures, 69 municipalities).

(2) Efforts of the Public Relations Working Committee

<Head city of the working committee> Yamato city in Kanagawa prefecture

The maintenance and management of the AFHC Japan Chapter's website was carried out and activities of AFHC Japan Chapter were posted.

Time	Activities
January 2012	A section in the homepage documenting the 7 th General Assembly and Conference was created.
Whole year	A section in the homepage for the introduction of AFHC Japan Chapter was set up and later, a section for the activities of member cities was also created.