

Activities of the Alliance for Healthy Cities, Japan Chapter (April 2015 - March 2016)

I. The Eleventh General Assembly and Conference for the Alliance for Healthy Cities, Japan Chapter

(1) General Assembly

Tuesday, July 28, 2015 10 am to noon

Venue: Yumemikan Culture Hall, Yawatahama City, Ehime Prefecture

The Japan Chapter of the Alliance for Healthy Cities held its Eleventh General Assembly in Yawatahama City, Ehime Prefecture. Attended by twenty-seven member municipalities and two cooperating organizations, the assembly saw deliberations on and unanimous approval on activity reports and settlement of accounts for fiscal 2014 and activity and budget plans for fiscal 2015.

In the election, the mayor of Kitanagoya City, Aichi Prefecture was elected as chair, the mayors of Kashiwa City, Chiba Prefecture and Abashiri City, Hokkaido as vice chairs, and the mayor of Wakuya Town, Miyagi Prefecture as comptroller.

The assembly also decided Nagareyama City, Chiba Prefecture as the venue for the next General Assembly and Conference.

After these proceedings, a keynote lecture on “Sustainable Development Goals” was given by Dr. Hisashi Ogawa, visiting professor at Tokyo Medical and Dental University (TMDU) and former adviser of the WHO Western Pacific Regional Office.

The lecture was followed by reports from the AFHC Secretariat and Healthy City Support Organization on their activities.



[General Assembly for the Japan Chapter]

(2) Conference

[Day 1]

Tuesday, July 28, 2015

1:30 pm to 4:30 pm

Yumemikan Culture Hall, Yawatahama City, Ehime Prefecture

In the opening ceremony held on the first day of the Conference, welcome speeches were delivered by the new Chair of the Japan Chapter, Mayor Tamotsu Nagase of Kitanagoya City, Aichi Prefecture and Mayor Ichiro Oshiro of the host city, Yawatahama City, Ehime Prefecture as well as the honored guests. The Honai and Wada Area Karajishi Preservation Society performed a lion dance to kick off the event.

These were followed by a presentation on efforts to prevent diabetes by Yawatahama City, the host city.

A keynote lecture on “Activities for Preventing Noncommunicable Diseases by Healthy Cities” was given by Dr. Hai-Rim Shin, Coordinator for Noncommunicable Diseases and Health Promotion, Secretariat for the Western Pacific Regional Office, WHO.

This lecture was followed by a commemorative lecture by Toshiko Okuzono, a well-known home cooking expert on “Smiles at home are born at the table:

Enjoy simple cooking.” She explained how daily meals served at home play a vital role in supporting our health.

The first day came to an end with remarks by the Mayor Yoshiharu Izaki of Nagareyama City, Chiba Prefecture, which is to host the next general assembly and convention.



[Lecture by Toshiko Okuzono]

[Day 2]

Wednesday, July 29, 2015 10 am – noon

Yumemikan Culture Hall, Yawatahama City, Ehime Prefecture

On the second day of the Conference, the audience enjoyed exercises for preventing people from getting bedridden instructed by *Hatsuratsu Taiso Susumetai* team from the host city which promotes the exercise.

Seiyo City and Kamijima Town both from Ehime Prefecture, Tahara City, Aichi Prefecture, and Nagareyama City, Chiba Prefecture also made presentations on their activities as member cities.

Tours were also made to the local fisheries wholesale market with advanced hygiene systems and adjoining Minato Oasis roadside rest area which attracts tourists.



[Presentation by Seiyō City]



[Presentation by Kamijima Town]



[Presentation by Tahara City]



[Presentation by Nagareyama City]

Numerous health promotion booths were set up at the venue to offer opportunities for people from governments and voluntary organizations, and ordinary participants to check on their health condition, taste healthy foods, gain knowledge on health, and much more.

In the two days, a total of six hundred people including ordinary participants attended the general assembly, conference, and relevant events at the booths. All in all, it was an excellent conference with active interaction among member municipalities, cooperating organizations, and voluntary groups achieving significant results true to its theme, “Welcome to Yawatahama, let’s build good relationships here!”

II. Activities of the AFHC Japan Chapter Secretariat

Period	Description
August 2015	Established internal regulations for the Secretariat of the AFHC, Japan Chapter

III. Efforts by the AFHC Japan Chapter Working Committees

- (1) Membership Recruitment Working Committee headed by Itako City, Ibaragi Prefecture

Period	Description
August 2015 -	Gave introductions on and extended invitations to AFHC to inquiries by cities, organizations, firms, and other bodies.

- (2) Public Relations Committee headed by Ureshino City, Saga Prefecture

Period	Description
March 2016	Prepared web pages for the Eleventh General Assembly and Conference of AFHC Japan Chapter