Activities of the Alliance for Healthy Cities, Japan Chapter (April 2016 to March 2017)

1. The 12th General Assembly and Conference for the Alliance for Healthy Cities, Japan Chapter

(1) General Assembly for the Alliance for Healthy Cities, Japan Chapter
Date: Tuesday, 26 July 2016 (10:00am~11:45am)
Venue: Kikkoman Arena in Nagareyama City, Chiba Prefecture (Nagareyama Citizens General Gymnasium)

The 12th General Assembly and Conference for the Alliance for Healthy Cities, Japan Chapter were held in Nagareyama City in Chiba Prefecture. Attended by thirty-six member municipalities and three cooperating organizations, the assembly conducted deliberations and unanimously approved the report on annual activities, the settlement of account in fiscal 2015, and the business plan and budget plan for fiscal 2016. Minami Satsuma City in Kagoshima Prefecture was welcomed as a newly joined member of Japan Chapter.

At the assembly election, Mayor of Kashiwa City in Chiba Prefecture was elected as the Chair, Mayor of Abashiri City in Hokkaido and Mayor of Wakuya Town in Miyagi Prefecture were elected as the Vice Chairs. Mayor of Yawatahama City in Ehime Prefecture was chosen as the new Comptroller.

The assembly agreed that the next General Assembly and Conference to be held in Abashiri City in Hokkaido.

Following the deliberations, Secretariat of the Alliance for Healthy Cities and the NGO Healthy City Support Organization gave presentations on their activity reports respectively.

【The 12th General Assembly, AFHC Japan Chapter】

(2) Conference for the Alliance for Healthy Cities, Japan Chapter
<Day 1>
Date: Tuesday, 26 July 2016 (1:00pm~1:45pm)
Venue: Kikkoman Arena, Nagareyama City, Chiba Prefecture (Nagareyama Citizens General Gymnasium)

At the opening of the first day of the two-day conference, speeches were delivered by Mr. Hiroyasu Akiyama, Mayor of Kashiwa City in Chiba Prefecture, the newly elected Chair of AFHC Japan Chapter, Mr. Yoshiharu Izaki, Mayor of Nagareyama City in Chiba Prefecture, the host city of this conference, followed by speeches of distinguished guests.

As the welcome show of the conference, dance performance was displayed by “DANCE☆BOX”

Following the performance, keynote speeches on the theme of “The Health of City” were delivered. First speech titled “Urban city development that support citizens’ health” was given by Ms. Keiko Nakamura, the Head of Secretariat of AFHC. Another speech titled “Planning the sustainable city that live in harmony with nature” was given by Mr. Kazuhiko Takeuchi, Tokyo University. In their speeches, both speakers brought up the ideas of the city which supports citizen’s life can give healthier options to live, and the city which improves the living conditions and environment”. Also they mentioned “Confronting the time of population decrease and super aging society implies the opportunity of spontaneous regeneration of structures and nature in urban city and generation of prosperity in the city”.

After the speeches, Nagareyama City, the host city, gave two presentations introducing their advanced
efforts, “Transport Station Service for Nurseries” and “Forest-in-Town Project” as the city’s approach for realization of the Healthy City.

The final session of the first day of the Conference was a panel discussion, which invited Mr. Hisashi Ogawa, Tokyo Medical and Dental University as a coordinator, and panelists including four Mayors promoting the health of cities (Owariasahi City, Obu City, Yamato City, and Nagareyama City) and two keynote speakers. The discussion titled “City development for health promotion” conducted a lively discussion relate to the health of city.

The first day was closed with the remarks by Mr. Youichi Mizutani, Mayor of Abashiri City in Hokkaido, who will host the General Assembly and the Conference in 2017.

< Day 2 >

Date: Wednesday, 27 July 2016 (9:30am~noon)
Venue: Kikkoman Arena, Nagareyama City, Chiba Prefecture
(Nagareyama Citizens General Gymnasium)

On the second day of the conference, the presentation themed on commonly recognized “physical health” was delivered by Tajimi City, Gifu Prefecture, a member city of AFHC. Also another presentation on the routine effort for “maintenance and promotion of health” was given by a citizens’ group of Abashiri City in Hokkaido.

Following the presentations, a master of Rakugo performer, Sanyu-tei Kintaro (Supervisor of Rakugo Performance Art Association/Lecturer of lifelong study University in Chiba Prefecture) presented his Rakugo (sit down comedy performance) related to health and it was titled “A Smile A Younger, An Anger An Older”.

During two days of the conference, exhibition booth areas were set up inside and outside of the arena. Numbers of visitors including administrative visitors, citizens’ groups, and general participants have deepened the knowledge about health by attending and experiencing this conference.

After the conference, luncheon social event was organized by a citizens’ group practicing health promotion, and it was a good opportunity to build a network.

Counting the attendance of the General Assembly, Conference, and exhibition booth areas, the total attendance reached 1,200 people in two days including general participants. This two-day meeting was a lively social event among member municipalities, cooperating organizations of AFHC, and also citizens’ groups.

2. Major efforts by Secretariat of the Alliance for Healthy City, Japan Chapter, 2016

<table>
<thead>
<tr>
<th>Period</th>
<th>Description</th>
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<tbody>
<tr>
<td>November 2016</td>
<td>Organized the directors meeting of the AFHC, Japan Chapter.</td>
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3. Major efforts by the Alliance for Healthy City, Japan Chapter Working Committee

(1) Membership Recruitment Committee
<Head Municipality of the Committee: Itako City, Ibaraki Prefecture>

<table>
<thead>
<tr>
<th>Period</th>
<th>Description</th>
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<tr>
<td>August 2016~</td>
<td>Introduced activities of AFHC Japan Chapter and invited Cities, organizations and private companies that made inquiries.</td>
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(2) Public Relations Committee
<Head Municipality of the Committee: Ureshino City, Saga Prefecture>

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<tr>
<th>Period</th>
<th>Description</th>
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<tbody>
<tr>
<td>January 2017</td>
<td>Created a page of “The 12th General Assembly and Conference of AFHC, Japan Chapter” on the website.</td>
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