

Evaluation of Healthy City

(March 24, 2006)

The Alliance for Healthy Cities model for evaluation based on the **SPiRiT** approach

- Setting approach, Sustainability,
- Political commitment, Policy & community Participation
- Information, Innovation,
- Resources, Research
- Infrastructure, Intersectoral
- Training

Section I: Basic information of the City/Province/district

- 1) (Country : _____
- 2) (Name of City : _____
- 3) (Year of establishment : _____
- 4) (Size of City : _____ Km²
- 5) (Population : _____
- 6) Age range of population _____
- 7) Gender ratio of population: _____

The time framework for evaluation is three years prior to assessment.

Section II: Healthy Setting Approach

*(6). Has the City initiated health promotion activities through setting approach?

If yes, please list the detail information on types of activities, the contents of activities and also the time schedule over the past three years.

Preferably in three settings with one setting showing wide involvement of all stakeholders

- (a). School setting Yes _____ No _____
- (b). Hospital setting Yes _____ No _____
- (c). Workplace setting Yes _____ No _____
- (d). Eating Place setting Yes _____ No _____
- (e). Market/Shopping Mall Yes _____ No _____
- (f). Others: (please specify)

*(7). For those health promotion activities over the past three years listed, were the contents related to the Healthy City Program, (HCP)?

At least one event related.

*(8). Please provide evidence on how those activities related to HCP in terms of (i) their role and (ii) their impact.

At least one good example

Section III: Sustainability

*(9). Has the City developed a strategic plan to sustain the development of HCP?

At least name one strategy in details

If yes, please list the details of the plan used to sustain the continuity of HCP.

Yes _____ No _____

The detail plans of sustain the continuity of HCP ***At least one***

*(10). Has the City organized any seminars and/or workshop to enhance the residents' understanding of the CONCEPTS of Healthy City? If so, please list the details of the programme and illustrate how it can facilitate better understanding of the concepts of Healthy City. ***At least one large scale seminar or forum***

*(11). Has the City organized seminars/workshops to promote the implementation of Healthy City? If so, please list the detail information of the programmes and how they would facilitate the implementation of Healthy City. ***At least one large scale seminar or workshop***

*(12). Has the City organized continuing education programme to promote the skills and build the capacity for the practitioners involved in HCP? ***At least one***

*(13). Has the leader(s) of the City collaborate with different stakeholders from various sectors and community leaders to have common understanding on issues concerned about health and environment? Please list the evidence. ***At least involving 2 major sectors such as education, social service, recreational service, etc.***

#(14). Has the City shared with other cities (national and international) the experience of HCP through seminars and/or workshops?

(15). Has the City joined any national and international organizations of Healthy City? If yes, please list the details.

Section IV. Political commitment

* (16). Has health been put on top priority in the city's public policies? If yes, has the City Council include HCP as important area of development in strategic planning for the City? If so, please provide the evidence. ***At least one example of public policies.***

(17). Has the concept of 'Healthy City' been attached to other policies that are more likely to receive political attention such as housing, unemployment? Please list evidence for how the concept of Health City influence decision making on those matters?

At least one area

*(18). Has the City involve all stakeholders, professionals and academic with expertise in Healthy City when formulating healthy public policies? Please list the degree of involvement such as details of meeting or discussion papers by experts. ***At least two groups of stakeholder/ professionals/academics with detail involvement***

* 19 or 20 or 21

*(19). Is there a mechanism for wide consultation and regular review of the policies? If so, please list the mechanism of consultation and review.

*(20). Has the City undergone regular review of the policies and implementation of HCP and how?

*(21). Has the City reviewed relevant existing initiatives within the city and integrate them with the Healthy City's activities? Please list details.

Section V. Policy & Community Participation

*(22). Does the city encourage communities to participate in urban development for better health and quality of life? Please list the evidence. ***At least one prominent group of local community leaders***

(23). Do the key stakeholders of HCP show their interest and demonstrate their knowledge in this area? Please list evidence their contributions of knowledge or skills in HCP development. ***At least one example with details***

(24). does the City encourage connectedness with the past, the cultural and biological heritage of city-dwellers in their City Development plan?

Section VI: Information

(25). Has the City created a City Health Profile on? ***Covering at least three areas as listed below***

(a). The major health problems of the City Yes _____ No _____

Examples with supporting evidence :

(b). Analysis of *economic and social determinants of health for the city*

Yes _____ No _____

Examples and evidence :

(c). *Health care delivery system of the city*

Yes _____ No _____

Examples and evidence :

(d). Special population group at risk Yes ____ No ____

Examples and evidence :

(e). *Existing health promotion programmes organised by different parties*

Yes _____ No _____

Examples and evidence :

(f). *Community perception of health*

Yes _____ No _____

Examples and evidence :

(g). *Level and standards of primary health care in the city*

Yes _____ No _____

Examples and evidence :

Section VII Innovation

*(27). Has the City developed specific programmes based on the City Health Profile? If yes, please provide the development plan. ***At least one area with detail follow up each year.***

(28). Is the City taking a strong initiatives in valuing diversity? Please provide examples

(29). Does the City explore means to promote health such as involving private sectors in the development of healthy lifestyle for the citizens? ***Name one***

Section VIII. : Resources, Research

*(30) Has research framework been developed for needs assessment and measurement of the outcomes? If yes, please provide the framework.

*(31) Has any studies been conducted to investigate the health risk perceptions of the public? If yes, please list the details of the projects.

* (32) Has the city engaged experts in research? Please list the researchers involved and the nature of the research projects. ***At least one.***

*(33) Is adequate resource earmarked for research? Please provide details of the budget?
Acceptable even if on adhoc basis.

*(34) Is the City committing resources to support the secretariat and project co-ordinators?
Please provide the details of support. Acceptable if concurrent appointment or on part-time basis

Section IX. Infrastructure and Intersectoral

*(35) is the Steering Committee composed of representative from all the sectors and local stakeholders? Please list the membership and the sectors they represent and their ranks.

* (36) does the members of the Steering Committee play active roles in HCP? (One needs to review the minutes of meetings, attendance of meeting by high level personnel, participation in setting priorities and decision making) **Should be able to list out active involvement of some members by various means.**

*(37) Are the members of the Working/ Technical Committee actively implementing specific projects reflecting the needs of the community rather than 'traditional projects'? Please provide examples as evidence. **At least one example**

*(38) Is there a designated office/secretariat specifically for HCP rather than integrated within existing department? Please enclose the venue and organisation structure. **Acceptable if concurrent appointment or on part-time basis**

(39). Is there a project co-ordinator employed solely to be a change agent and catalyst, networking and co-ordination, planning and management, spot opportunities and make links, and mediation?

Yes _____ No _____

(40) Is the project co-ordinator part of the city administration?

Yes _____ No _____

(41) Is the project co-ordinator able to put new initiatives into existing structures? Please list examples.

Section X. : Training

* (42) Are there training courses at different levels in health education and health promotion for different sectors? Please list the training course. ***At least one***

Name Details Target audience objectives

(43) Has the city identified institutions/organisations that can provide training for professionals, administrators and also lay public? Please list the organising institutions.

(44) Is the City organising workshops, seminars and conferences to identify good practices? Please list the activities.

(45) Do the key players of HCP participate in conferences/seminars in Healthy Cities, Healthy Settings, and Health Promotion locally and internationally? Please provide details.
