

**World Health Organization Regional Office for the Western Pacific Region
Healthy Cities Recognition 2018**

Promoting Healthy Diet through a Healthy Food Environment

Background

An important step in the prevention and control of NCDs is to promote a healthy diet, which is heavily influenced by the food environment. The foods available to people in their daily lives, the nutritional quality, safety, price, convenience, labelling and promotion of these foods comprise the food environments. A healthy food environment enables and encourages people to access and choose healthy diets.

The Action Plan to Reduce the Double Burden of Malnutrition in the Western Pacific Region (2105-2020) and the Regional Action Plan for the Prevention and Control of Noncommunicable Diseases (2014-2020) recommend the promotion of healthy diet through comprehensive approaches including policies and interventions that improve food environments. Measures that enable consumers to access and choose healthy diets can include: interventions that promote availability and accessibility of healthy foods in different settings such as schools and workplaces; proper labelling to make consumers aware of the nutritional content of the food; food safety standards to prevent food-borne illnesses; subsidies for healthy food; and promotion of healthy foods.

The focus of this call for best practices is on interventions that contribute to healthy food environments.

Recognition of Best Practice

Recognition is given to cities that are implementing measures to create healthy food environments and promote healthy diets.

For further information, please contact:

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Call for Applications for Best Practice

Title Page

- a. **Thematic area**
- b. **City and Country name**
- c. **Full title of the project**
- d. **Contact details**
 - i. **Responsible person submitting the proposal**
Please provide contact details (name, title, affiliation, email, address, telephone, fax)
 - ii. **Additional contact person**
Please provide contact details (name, title, affiliation, email, address, telephone, fax)

***[Note: Please keep to the word limits as that will be taken into account in the scoring process.]**

1. Executive Summary (300 words)

Please describe the intervention, who is the target population, what was done (strategies or activities), when was it implemented, and the achievements.

2. Background (350 words)

- a. Please describe why this project or intervention was proposed. Please describe the results from surveys, situation analysis, interviews, focus groups, needs assessment or consultation conducted to identify the problem/need being addressed
- b. Please describe the problem being addressed.
- c. Please describe other existing programmes, challenges and impact.
- d. Please describe the social and cultural context in relation to the problem.

3. Objectives

Please specify the proposed objectives (i.e. the anticipated outcome) and the period/timeline of the project.

4. Planning structure (Maximum 1 page)

Please describe the core planning team; the settings where the project was carried out; the target population; and the activities, tasks, milestones, timeline, budget and source of funding.

5. Multi-stakeholder collaboration (300 words)

a. **Community participation:** Please describe how the collaboration with community members including the target population, took place in the planning, implementation and/or evaluation phase of the initiative.

b. **Other stakeholders (e.g. other government agencies, NGOs, private sector):** Please describe how the collaboration with other sectors took place in the planning, implementation and/or evaluation phase of the initiative. Please also describe whether resources were shared (i.e. financial or technical).

6. Equity (200 words)

Please provide evidence of the participation of marginalized and/or vulnerable groups (e.g. female or youth) during the planning and/or implementation/evaluation processes; and/or describe interventions that target them.

7. Replicability or Scalability (300 words)

Please describe how the programme (activities, expertise and resources) can be scaled up and be applied and adapted to other settings or sites.

8. Effectiveness or impact assessment (350 words)

a. Please provide evidence of programme achievements in relation to proposed objectives (e.g. improvement in health status, adoption of new law or policy). If possible, show or describe changes from baseline to the current status in 2016. Please provide supporting documents where available.

b. Please describe how evaluation, surveys, data or routine monitoring were utilized to assess progress and outcomes.

9. Measures for sustainability (300 words)

a. Please describe how the programme is or will be sustained. For example, through city ordinance, city government commitment, community ownership, regular budget allocation, etc.

10. Bonus (Optional): Theoretical basis (200 words)

Please describe how theories of change (i.e., theories of behaviour change, policy development, social marketing, etc) have been utilized for programme development and implementation.