

**Application for Joining  
The Alliance for Healthy Cities by  
Yau Tsim Mong District, Hong Kong Special Administrative Region  
People's Republic of China**

**Profile of Yau Tsim Mong District**

Four out of the 18 districts in the HKSAR are members of the Alliance, i.e. Kwai Tsing, Sai Kung, Shatin and Kwun Tong Districts. The Alliance provides a platform for city government and non-government organizations to reinforce international cooperation for pursuing health and quality of life issues. It also serves as a catalyst for members to unite relevant stakeholders in the district to pursue the common goal of health protection and health enhancement. Yau Tsim Mong District would like to join this international network.

2. A brief profile of the district is at **Annex A**.

**Policy Statement in Support of the Yau Tsim Mong District**

3. Yau Tsim Mong District fully supports the Charter of the Alliance as well as its goal and objectives therein. We firmly believe that Yau Tsim Mong District should promote and protect health and improve the quality of life of urban population in a sustainable manner through the Healthy Cities approach. This goal is shared by relevant government departments in the district (i.e. District Office, Department of Health, Food and Environmental Hygiene Department, Social Welfare Department, and Hong Kong Police Force), the Yau Tsim Mong District Council (comprising elected representatives from local residents), health services providers in the district, hospitals, schools, non-government organizations and local resident association. In short, becoming one of the healthy cities in the Alliance is an aspiring goal of Yau Tsim Mong District.

**Future Vision and Goals of the Yau Tsim Mong District**

4. The vision of Yau Tsim Mong District Healthy City is to enhancing the physical, mental and social well-being of residents of Yau Tsim

Mong District by making the district a harmonious, healthy and happy community.

5. In achieving this vision, Yau Tsim Mong District will form an organization to take forward the following goals :

- (a) Enhancing the health state of the district by implementing sound health policies and programmes in a sustainable manner.
- (b) Enriching the health consciousness and knowledge of residents through proactive health education and publicity of best practices.
- (c) Enlisting the support and participation of government departments, medical service providers, district representatives, non-government organizations and local resident associations in a multi-faceted health promotion programmes.
- (d) Enhancing the development of a harmonious, progressive and engaged district through the partnership with the Alliance.
- (e) Embracing the challenges to health issues in the district through referencing the best practices of the Alliance.

#### **Analysis of Priority Health Problems in Yau Tsim Mong District**

6. The priority health problems as identified in Yau Tsim Mong district are as follows :

- (a) Chronic conditions such as hypertension, diabetes, coronary heart disease, chronic obstructive lung disease and degenerative arthritis are common. They mainly affect the mid-age group and the elderly population.
- (b) Malignancies are becoming more prevalent, particularly those of the lungs, colon, breast and liver.
- (c) Geriatric conditions also include cataracts and dementia, in

addition to the chronic disease listed above. Old people also suffer from social problems from being poor, living with their children and grand children, from social isolation, and from illiteracy. They may have depression, emotional disturbance, unhappiness, loss of faith in life, insomnia, etc.

- (d) Disabilities are common among the elderly people arising from degeneration of organs of the body, from accidents, from strokes, and from chronic conditions.
- (e) Family dynamics have changed a lot in recent years. With more working mothers and single parent families, the psychosocial impact is significant. New migrants are more prone to psychosocial problems. In general stress is common in workplace and in the community.

Yau Tsim Mong District  
August 2007

District Profile for Yau Tsim Mong

(a) Population:	277,200
(b) Population density:	39,600 persons per km <sup>2</sup>
(c) Educational attainment of population aged 15 or above:	Pri-primary      5.3% Primary            17.6% Secondary         52.6% Post-secondary   24.5%
(d) Labour force:	154,400
(e) Labour force participation rate:	63.1%
(f) Number of households:	100,500
(g) Average household size:	2.7
(h) Median monthly household income:	\$15,000

(Source: 2006 By-Census)

- (i) Number of Public Hospitals: 2
- Queen Elizabeth Hospital
  - Kwong Wah Hospital

(j) List of Ambulatory Care Facilities:

<b>Hospitals</b>	<b>Day Patient</b>	<b>Accident &amp; Emergency</b>	<b>Specialist Outpatient</b>	<b>General Outpatient (exclude mobile services)</b>
Queen Elizabeth Hospital	√	√	√	√
Kwong Wah Hospital	√	√	√	√

(k) Number of beds (as at 31 March 2007)

Hospitals	Number of beds
Queen Elizabeth Hospital	1,742
Kwong Wah Hospital	1,151
<b>Sub-total</b>	<b>2,893</b>

(l) Average Inpatient Occupancy Rate of Yau Tsim Mong District

Hospitals	Average Inpatient Occupancy Rate
Queen Elizabeth Hospital	86.50%
Kwong Wah Hospital	72.20%
<b>Average Inpatient Occupancy Rate</b>	<b>79.35%</b>

(m) Inpatient Average Length of Stay (days) of Public Hospitals

Hospitals	Length of Stay (Days)
Queen Elizabeth Hospital	5.4
Kwong Wah Hospital	4.6

(n) Manpower Position of Yau Tsim Mong District (as at 31.3.2006)

Hospitals	Medical	Nursing	Allied Health	Others
Queen Elizabeth Hospital	523	1,702	480	1,920
Kwong Wah Hospital	296	1,075	251	1,161
<b>Total</b>	<b>819</b>	<b>2,777</b>	<b>731</b>	<b>3,081</b>

Source: (1) The Executive Brief of Kwong Wah Hospital (as at 10 May 2007)  
 (2) The Executive Brief of Queen Elizabeth Hospital (as at 31 March 2007)