

Activity Report on The Alliance for Healthy Cities (AFHC)Japan Chapter
(August 2012 - March 2013)

1. The 8th General Assembly and Conference of AHFC Japan Chapter
(7 - 8 August, 2012)

(1) The General Assembly of the AHFC Japan Chapter

The 8th AHFC General Assembly was held in the Labor and Welfare Center of Yamato City, Kanagawa Prefecture. Twenty members of local governments and 2 cooperating organizations participated in the assembly, where they discussed on the activity reports and the settlement of accounts both of the fiscal 2011, business plan and budget plan for the current fiscal 2012, which were all approved.

At the assembly, Mr. Junichiro Hoshino, Mayor of Abiko City, Chiba Prefecture, was newly elected a president of the AHFC Japan Chapter as a successor of the former president, Masanori Furukawa, Mayor of Tajimi City, Gifu Prefecture.

Following the election, two lectures were delivered: “UN Resolution for Measures against Lifestyle Diseases and WHO Projects” by Ms. Haruka Sakamoto from the International Affairs department of Ministry’s Secretariat, Ministry of Healthcare, Labor and Welfare, and “An International Project on the Environment and Health, and Activities of the Healthy City” by Mr. Hisashi Ogawa, an ex-adviser of the Environmental Health Service and WHO Western Pacific Regional Office and visiting professor of Tokyo Medical and Dental University. The lectures were helpful for the attendees to understand the international approaches and activities of Healthy Cities.



【The speech by Mr. Junichiro Hoshino,
President of the AHFC Japan Chapter 】



【The 8th AHFC General Assembly】



【The lecture by Ms. Haruka Sakamoto 】



【The lecture by Mr. Hisashi Ogawa 】

(1) The Conference of the AFHC Japan Chapter

The 8th Conference of the AFHC Japan Chapter was held at the Labor and Welfare Center as well as at Learning Center of Yamato City. The total number of participants amounted to 531, including mayors of the member cities and staffs from administrative agencies, relevant organizations and individual citizens. A lot of information and knowledge were actively exchanged among the member cities, helping the attendees to learn more about Healthy City approaches.

Day-First

At the memorial ceremony, speeches were delivered by honorable guests, including Mr. Junichiro Hoshino, Mayor of Abiko City, who was newly assigned to the president of the AHFC Japan Chapter, and Mr. Satoru Oki,

Mayor of Yamato City, who organized the conference. As an opening program, Awa Odori dance by Kanagawa-Yamato Team and ballet by Mika Sasaki Ballet Academy were performed, which cheered up the atmosphere of the hall.

Following the performance, presentations were given on case examples of the AFHC cities. Yamato City reported about “Status of AED usage promotion”, and their support for women’s soccer. Abiko City presented their “Tackling Various Issues”, focusing on a population approach and the activities of its members toward a health promotion and the improvement in the eating habits of citizens.

As a memorial lecture, Mr. Masamichi Oikawa, an illustrator, gave a speech titled “Health, Work, Dream and Life”. He delivered his speech with a visual presentation tool, showing his artworks such as the cover of Magazine “PIA”.

In the lobby, healthcare-related booths were set up for citizens including “Education for Health”, “Consultation on Health”, and “Physical Strength Test”. Also at some booths hand-made cookies were served by Improvement of Eating Habit Promotion Committee.

Furthermore, an open-air tea ceremony and a concert of a Koto instrument were performed. An event character of Yamato City, “Yamaton”, added excitement in the event area with a lot of visitors throughout the day.



【The Conference of the AFHC Japan】



【The healthcare-related booths】

Day-Second

After the attendees visited Yutorino Mori Forests in the Hikichigawa park, a lecture was given at the Sibuya Study Center by Mr. Koji Wada, assistant professor of the public health department of Medical School of Kitazato University, titled “Cities Capable of Protecting Residents’ Health from Natural Disasters”. The participants learned from the lecture the importance of self, mutual, and public help, and also actions to be taken right after disasters.

Then a panel discussion was held by the chief of the medical treatment department in Yamato Municipal Hospital and the manager of the risk management section in Yamato City. Through the discussions, the participants learned helpful tips regarding risk management for possible disasters.

After the discussion, they practiced a physical exercise called “Physical Control Gymnastics” instructed by Mrs. Sadako Kamoshita, a sport instructor authorized by Japan Sports Association.

In the afternoon, an information exchange meeting was held among the groups of the citizen, and staffs from a health promotion group of Yamato City and attendees from four cities, Abiko, Ichikawa, Kameyama and Tajimi, who presented their activities and exchanged views in a friendly manner while having lunch.



【The panel discussion】



【The information exchange meeting
by groups of the citizen】

2 .Major efforts by AFHC Japan Chapter Secretariat

Time	Activities
24 October, 2012	Documents, entitled “Activities of the Japan Chapter”, were prepared in order to present at the Mayor Assembly of the 5 th Global Conference of the Alliance for Healthy Cities. Obu City, owning the vice president of the Japan Chapter was requested to deliver a presentation at the assembly.
23 November, 2012	Supports to the International Symposium on Healthy Cities organized by the Organization of Activity Support for Healthy Cities and others were carried out. Mr. Junichiro Hoshino, Mayor of Abiko City attended the symposium as the president of the AHFC Japan Chapter.
16 January, 2013	Codes of The General Assembly of the AHFC Japan Chapter were partially revised.
27 January, 2013	Supports were made to an information exchange meeting of healthy city citizen’s groups and to a lecture meeting themed “health promotion for Kitanagoya residences” organized by Kitanagoya City in Aichi Prefecture. Mr. Junichiro Hoshino, Mayor of Abiko City attended the meeting as the president of the AHFC Japan Chapter.
16 March, 2013	As the president of the AHFC Japan Chapter, Mr. Junichiro Hoshino, mayor of Abiko City joined “The First Healthy City Tour in Yawatahama City, where reports were made on the “Movement of the AHFC Japan Chapter” and “Activities of Abiko City”. The event was sponsored by Yawatahama City.
28 March, 2013	Mr. Junichiro Hoshino, Mayor of Abiko City and President of the AHFC Japan Chapter, together with Mr. Hiroyasu Akiyama, Mayor of Kashiwa City, participated in a seminar on HIP (Healthcare Innovation Project) and gave a presentation titled “Methods for the Promotion of Good Health in Local Cities”.

3. Major efforts by the AFHC Japan Chapter Working Committee

(1) Membership Recruitment Working Committee

Head City of the Committee: Owariasahi City, Aichi Prefecture

Time	Activities
September 2012	The name of the cities accepted the inspection tour were informed to the membership cities, and acquisition letters were sent out to 178 cities selected on a basis of web search with a key word of “Healthy City”
October 2012	The acquisition letters were sent by Abiko City, the presidency city of the AHFC Japan Chapter, to eight cities which provided information.
November 2012	The acquisition letter to Wajima City, Ishikawa Prefecture was sent, with which Yamato city has an agreement on disaster protection.
February 2013	The acquisition letters to Fujioka City, Gunma Prefecture, and Minamisatsuma City, Kagoshima Prefecture were sent.
March 2013	The acquisition letter to Yufu City, Oita Prefecture was sent.

(2) Public Relations Committee

Head City of the Committee: Yamato City, Kanagawa Prefecture

Time	Activities
October 2012	The web pages of the Japan Chapter including the front page, contact, and a member list of the AHFC Japan Chapter were updated.
November 2012	A web page of “The 8 th General Assembly and Conference of the AHFC Japan Chapter” was newly created. The pages of a member list of the AHFC Japan Chapter and the approaches of each member city” were updated. A page of “The 5 th Global Conference of The Alliance for AFHC” was created.
January 2013	The design of the website was fully renewed The pages of “Code of the AHFC Japan Chapter”, “Front page” and “Member lists” were updated.