

## Activities of the Alliance for Healthy Cities, Japan Chapter (April, 2019 to March, 2020)

### 1. The 15th General Assembly and Conference for the AFHC, Japan Chapter

#### (1) General Assembly for the AFHC, Japan Chapter

**Date:** Tuesday, July 30, 2019 (10:00am~12:00am)

**Venue:** Sunport Hall Takamatsu at Takamatsu City in Kagawa Prefecture

The 15th General Assembly and Conference of the AFHC, Japan Chapter was held in Takamatsu City, Kagawa Prefecture and 35 member municipalities and 3 associate member organizations attended.

The assembly conducted deliberations and all attendants approved the report on the annual activities of the chapter, the settlement of accounts for fiscal year 2018, and the business plan and budget plan for fiscal year 2019.

At the assembly election, the mayor of Nishitokyo City, Metropolitan Tokyo was elected as the Chair. The mayors of Matsudo City in Chiba Prefecture and the mayor of Kameyama City in Mie Prefecture were elected as Vice Chairs. The mayor of Izumisano City in Osaka Prefecture was chosen as the Comptroller. The assembly also agreed that the next General Assembly and Conference will be held in Izumisano City in Osaka Prefecture.

Following the deliberations, the AFHC Secretariat, Healthy City Support Organization, and Owariasahi City in Aichi Prefecture as the steering committee of the AFHC reported their activities.



The 15<sup>th</sup> General Assembly, the AFHC Japan Chapter

## (2) Conference of the AFHC, Japan Chapter

<Day 1>

**Date:** Tuesday, July 30, 2019, (1:00pm~5:00pm)

**Venue:** Sunport Hall Takamatsu, in Takamatsu City, Kagawa Prefecture

On the first day of the conference, the speech was delivered by Mr. Hideto Onishi, the mayor of Takamatsu City, the host city of the Conference, and followed by speeches of distinguished guests.

As a keynote speech, Mr. Masakatsu Okamoto, Director-General of the Fukushima Head Quarters for Fukushima Reconstruction and Revitalization delivered a speech titled “What Revitalization from the Mega quake taught us – function/role of the town that supports life of dwellers”

The panel discussion was held with four panelists, Mr. Tomohiro Hirao, professor, Department of Public Health, Faculty and Medicine, Kagawa University, Ms. Keiko Nakamura, Head of the AFHC Secretariat and professor of Tokyo Medical and Dental University, Mr. Hideto Onishi, the mayor of Takamatsu City, and Ms. Kiyomi Kida, Chair of Liaison Council of Health Committee, Takamatsu City and discussed over the topic, “The SDGs and Healthy manners of promoting Healthy City”.

Following the whistle music performance by Mr. Atsushi Tadokoro, the champion in the category of adult male at the World Whistling Convention (WWC) in 2016, Mr. Hiroichi Maruyama, the mayor of Nishitokyo City in Metropolitan Tokyo gave the presentation “Adoption of Healthy City Program into the General Plan of the City and up the speed of approach towards health supporting city” as a report of a member city of the AFHC, and Ms. Akemi Fujita, Assistant Manager, Health Promotion Division, General Health Center, Fukuroi City in Shizuoka Prefecture gave the presentation “Fukuroi City, The most Health Literate City in Japan, citizens can promote extending healthy life expectancy together”.

At last Mr. Hiroyasu Chiyomatsu, the mayor of Izumisano City in Osaka Prefecture, next host city, had a speech to close the day one of the Conference.



Keynote Speech by Mr. Masakatsu Okamoto



Whistle Music Performance by Mr. Atsushi Tadokoro

< Day 2>Date: Wednesday, July 31, 2019 (09:30am~11:45am)

Venue: Sunport Hall Takamatsu, in Takamatsu city, Kagawa Prefecture

The second day of the Conference, Ms. Naoko Hisada, the former NHK TV presenter of health information programs gave a presentation “Promoting health equals to promoting happiness in life through eat and exercise”.

The citizen’s groups of the host city presented their activities, “To build a healthy body by reviewing and improving eating habits” by Takamatsu city dietary health mate council, and “To promote spirited health among elderlies” by volunteer citizen’s groups for health promotion for elderly citizens.

Izumisano City in Osaka Prefecture gave a member city activity report themed “Vision of Healthy City promotion in Izumisano City, the promotion of being healthy through life” to finish the 2 day Conference.



Presentation by Ms. Naoko Hisada



Report of the member city activities by Izumisano City

Throughout the Conference, poster presentation exhibited and presentation booths were set up in the venue. Many administration officers, citizen’s groups, general participants get together and deepened their health related knowledge.

Counting the attendance of the General Assembly, the Conference, and the exhibition areas, the total attendance came to 1,300 people for two days including the official delegates. This two-day meeting was a lively social event among member municipalities, associate organizations of the AFHC, and also citizens’ groups.

## 2. Major activities by Secretariat of the AFHC, Japan Chapter, fiscal year 2019

Period	Description
August, 2019~ March, 2020	Translated and shared newsletters issued by the AFHC. Communicated and coordinated with the AFHC member municipalities in order to promote practices of the Alliance for the Healthy Cities.

## 3. Major activities by the AFHC, Japan Chapter, Working Committee

### (1) Membership Recruitment Committee

<Head Municipality of the Committee: Aisai City in Aichi Prefecture>

Period	Description
August, 2019~ March, 2020	Organized the system to facilitate the application for membership especially concerning the provision of material documentation and prompt response to enquiries.

### (2) Public Relations Committee

<Head Municipality of the Committee: Myoko City in Niigata Prefecture>

Period	Description
May, 2020	Updated and shared the information on the efforts towards Healthy Cities on the website among the member municipalities and associate member organizations of the AFHC Japan Chapter as well as provided information within Japan.