

Activities of the Alliance for Healthy Cities, Japan Chapter (April 2021 to March 2022)

1. The 17th General Assembly of the Alliance for Healthy Cities (AFHC) Japan Chapter

For the 17th General Assembly and Conference of the AFHC Japan Chapter, which was scheduled to be held in Izumisano City, Osaka, the General Assembly was held in writing on July 15, 2021, and the Conference was cancelled as preventive measures against the spread of COVID-19.

41 member cities and three cooperating organizations participated in the General Assembly in writing and deliberated on and unanimously approved activity reports and settlement of accounts for FY 2020 and activity and budget plans for FY 2021.

2. Functional cooperation with WHO Collaborating Centre for Healthy Cities and Urban Policy Research

(1) Creating the indicator to evaluate the level of Healthy City

In order to raise the level of Healthy City further, the AFHC Japan Chapter defined which factor influenced to what extent of the health by utilizing government statistics figures since the resident health is constructed by multiple factors. And the AFHC Japan Chapter created “Healthy Cities Design Model version 1.0” considering the system to evaluate current situation and visualize the predicted improvement each city (Health City design evaluation system) based on the findings from the multiple member city’s hearings.

(2) Seminars

The AFHC Japan Chapter co-hosted three online seminars with the WHO Collaborating Centre for Healthy Cities and Urban Policy Research. The seminars were about to create the indicator to evaluate the degree of Healthier City and to deepen the understanding for utilization of it.

1st seminar on Monday August 2nd, 2021

Theme: Development concept of data based new Healthy Cities indicator to support the expansion of the Healthy Cities

Instructor: Dr. Keiko Nakamura, Head of WHO Collaborating Centre for Healthy Cities and Urban Policy Research

Participants: 17 cities and organization

2nd seminar on Friday October 15th, 2021

Theme: Future of Healthy Cities Policy by data driven healthy society with longevity design

Instructor: Professor Yuichi Imanaka, Graduate School of Medicine and Faculty of Medicine Kyoto University

Participants: 15 cities and organization

3rd seminar on Wednesday January 26th, 2022

Theme: What are the lifestyle and nutrition related indicators which municipalities should refer to prevent Non-communicable Diseases

Instructor: Dr. Nobuo Nishi Ph.D., Chief, International Center for Nutrition and Information, National Institute of Health and Nutrition, National Institutes of Biomedical Innovation, Health and Nutrition

Participants: 15 cities and organization

3. FY 2021 Main Activities of the AFHC Japan Chapter Secretariat

The AFHC Japan Chapter Secretariat translated and shared newsletters sent by the AFHC. Furthermore, in order to raise awareness of the efforts of the AFHC, the secretariat made communication and coordination with related organizations.

4. Main Activities of the AFHC Japan Chapter Working Committees

(1) Membership Recruitment Working Committee headed by Suita City, Osaka Prefecture

The Membership Recruitment Working Committee provided information in response to inquiries regarding membership in the AFHC and the AFHC Japan Chapter. The committee also organized a scheme to quickly provide information on materials and procedures.

(2) Public Relations Working Committee headed by Myoko City, Niigata Prefecture

Through the AFHC Japan Chapter website, the Public Relations Working Committee communicated information domestically and shared the efforts regarding Healthy City each other between AFHC Japan Chapter member municipalities and municipalities and cooperating organizations.