

## **Activities of the Japan Chapter of the Healthy Cities Coalition (April 2024 - March 2025)**

### **1 The 20th General Meeting and Conference of the Japan Chapter of the Healthy Cities Coalition**

The 20th General Meeting and Congress of the Japan Chapter of the Healthy Cities Coalition was held in person for the second consecutive year, following the 19th Congress in Ama City, on July 11, 2024, at the Panasonic Stadium Suita in Suita City, Osaka Prefecture, on July 11, 2024. The members present at the meeting were 26, 7 voting in writing, 4 submitting letters of proxy, and 3 attending cooperating members, and the general meeting agenda was enthusiastically discussed. Proposal 7 called for a resolution on the application for new cooperating members for the first time in 11 years, which was approved, and the Self-Care Food Council became a new cooperating member as of July 11, 2024.

The conference was held on July 12, 2024, at the May Theater, the city's cultural center, and featured a keynote lecture by Kinya Otsu, President of the National Cerebral and Cardiovascular Center, on the theme of "Urban Development for the Prevention of Cardiovascular Disease. In addition, Aisai City, Aichi Prefecture, gave a presentation on its activities under the theme of "Initiatives for a 'Healthy City to Live in'".

A certified NPO member of the Organization for Promotion of Healthy City Activities, gave a presentation on "Bread and Health: Bread Brings Smiles to the Table", and Dr. Nobuyo Tsuboyama, Director, International Disaster Nutrition Research Office, International Nutrition Information Center, National Institute of Health and Nutrition, National Institute of Health and Nutrition, gave a presentation on "The Great East Japan Earthquake",

followed by a presentation by Dr. Yoshiaki Kurokawa, Director, International Disaster Nutrition Research Office, National Institute of Nutrition and Medical Sciences. When! What if...? Community Health through Food Preparedness! The participants listened attentively to her presentation.

At the venue, booths were set up to introduce the activities of each organization and to display information on health promotion, enabling participants to obtain information that would be helpful for their future activities and health-related information. The convention and exhibition booths combined attracted a total of approximately 250 participants, including general participants, and provided a great opportunity to interact with member city leaders, cooperating member organizations, and citizen groups.

## **2 Collaboration with WHO Collaborating Center for Research on Healthy Cities and Urban Policies**

In order to measure the level of healthy city, based on the "Healthy City Design Index version 1.0" and utilizing a comprehensive index that incorporates the concept of WHO's Healthy City Index, an evaluation was conducted from the perspectives of three areas: "Healthy City and Society Index," "Human Health and Safety Index," and "Healthy City Activity Index.

This comprehensive index is based on more than 1300 indicators obtained from the General Contact Point for Government Statistics (e-stat), and 10 indicators in each of the three categories were selected and created based on the findings of the "Healthy City Design Index" and "Healthy Cities Effective Approach". The Japan Chapter With the permission of the members, the indicator scores for each municipality are calculated. The results of this comprehensive index will be analyzed and published in the future, and how each municipality can utilize the results to extend healthy

life expectancy was examined.

The 10th International Conference of the Alliance for Healthy Cities, organized by the Alliance for Healthy Cities and supported by the World Health Organization, was held in Seoul, Republic of Korea, from September 25 to 27, 2024, for the first time in six years, and was attended by approximately 1,200 participants, the largest number ever, including mayors from about 50 cities and experts from international organizations. Under the theme of "Smarter and Healthier Cities for a Better Future," the conference featured discussions and information sharing on solutions to health problems faced by cities and the creation of sustainable and resilient cities.

### **3 Main activities of the Japan Chapter of the Healthy Cities Coalition in FY2024**

Held meetings of the Healthy Cities Coalition Japan Chapter Board of Directors, and liaised and coordinated with related organizations to promote and raise awareness of the initiatives of the Japan Chapter of the Healthy Cities Coalition.

### **4 Main activities of the Japan Chapter of the Healthy Cities Coalition**

#### **(1) Membership Promotion Subcommittee [Chairman: Fujieda City, Shizuoka Prefecture**

For inquiries regarding membership in the Healthy Cities Coalition and the Japan Chapter of the Healthy Cities Coalition, A system of materials and procedures was established to enable the prompt provision of information.

#### **(2) Public Relations Subcommittee [Chairman: Kitanagoya City, Aichi Prefecture**

The Japan Chapter of the Alliance for Healthy Cities disseminated information on the Healthy Cities initiatives of its member

municipalities and cooperating member organizations to the Japanese public through the website of the Japan Chapter of the Alliance for Healthy Cities, and shared information among member municipalities and cooperating member organizations.

In addition, due to the aging of the PC for the website and the end of Windows 10 support, the PC for the website was updated and the maintenance and management environment for the website was improved.

## **5 Healthy Cities Coalition Japan Chapter Policy Collaboration Study Group Meeting Initiatives**

Following the resolution at the 20th General Assembly of the Japan Chapter of the Alliance for Healthy Cities to amend the Articles of Incorporation of the Japan Chapter of the Alliance for Healthy Cities as Proposal 8, the Japan Chapter of the Alliance for Healthy Cities Study Group Meeting (hereinafter referred to as the "Meeting") was formed for information sharing and policy collaboration among member municipalities. The Conference was formed.

This conference is composed of the staff members at the section chief level or below recommended by the representative of the organization among the member municipalities of the Japan Chapter of the Healthy Cities Coalition. 18 members shared information on health policy at the 2024 conference.

In addition, the Deputy Secretary General of the Japan Chapter gave a presentation titled "Toward Further Enhancement of the Japan Chapter of the Healthy Cities Coalition" at the parallel session 7 of the 10th International Convention of the Healthy Cities Coalition, which focused on "Sharing Experiences and Healthy Cities Initiatives for Youth around the World"